

CHARACTER IN ACTION

LIVING THE ARMY ETHIC EVERY DAY



The strength of the U.S. Army lies not just in its equipment, but in the character of its Soldiers.

Character strengths fuel ethical action. Knowing who you are at your best empowers you to live the Army Ethic every day.

- 1. Identify Your Signature Strengths**
- 2. See How Your Strengths Enable Ethical Behavior**
- 3. Cultivate Your Moral Identity**
- 4. Promote Flourishing**



**DIRECTORATE OF
PREVENTION, RESILIENCE
AND READINESS**



**For more ways to strengthen your resilience,
connect with us at www.armyresilience.army.mil.**

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